

# Ulf Evenås Shihan

Canberra 25 – 28 January 2019

## Seminar Schedule & Locations

Date	Activity	Time	Location <i>See 'Seminar Map' for details</i>
<b>Friday 25</b>	Seminar Check-in	10:00 – 10:30am	Seminar Venue: <i>Canberra College Sports Centre (see map)</i>
	Bukiwaza Taijutsu	10:30 – 11:30 am 11:45 – 12:45 pm	
	Lunch	12:45 – 2:45pm	Food outlets shown on Map
	Bukiwaza Taijutsu	2:45 – 3:45 pm 4:00 – 5:00 pm	Seminar Venue
	Welcome Dinner*	6:30 pm \$22	Japanese Bento Box at Aikilife Dojo, Phillip (see Seminar Map)
<b>Saturday 26</b>	Bukiwaza Taijutsu	9:30 – 10:30 am 10:45 – 11:45 pm	Seminar Venue
	Lunch	11:45 – 1:45pm	Food outlets shown on Map
	Bukiwaza Taijutsu	1:45 – 2:45 pm 3:00 – 4:00 pm	Seminar Venue
	Dinner: You may like to join Canberra's Australia Day celebrations by the lakeside at Regatta Point. Entertainment & Food Stalls 4:00–9:00pm, Fireworks Spectacular 9:00pm <a href="https://visitcanberra.com.au/events/56b23b643ed14ca745318075/australia-day-in-the-capital">https://visitcanberra.com.au/events/56b23b643ed14ca745318075/australia-day-in-the-capital</a>		
<b>Sunday 27</b>	Bukiwaza Taijutsu	9:30 – 10:30 am 10:45 – 11:45 pm	Seminar Venue
	Lunch	11:45 – 1:15pm	Food outlets shown on Map
	Bukiwaza Taijutsu	1:15 – 2:15 pm 2:30 – 3:30 pm	Seminar Venue
	Seminar Dinner*	6:30 pm \$30	Vietnam House byo, Westfield Woden (see Seminar Map)
<b>Monday 28</b>	Bukiwaza Taijutsu	9:30 – 10:30 am 10:45 – 11:45 pm	Seminar Venue
	Lunch	11:45 – 1:15pm	Food outlets shown on Map
	Bukiwaza Taijutsu	1:15 – 2:15 pm 2:30 – 3:30 pm	Seminar Venue

\* If you would like to join us, please book for these meals when you register. Families most welcome.

